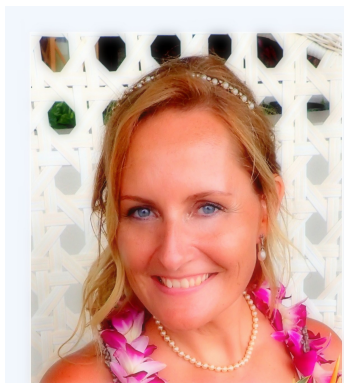


Crystal Ra and Michael offer private sessions during their stay in Estonia and High on Life Tantra Festival in 2018.

You can book us together or separately depending on your personal needs.



Crystal Ra's private sessions Offered in English, Estonian and Norwegian

Consultation

This will be a simple energy reading session where you lie down and Crystal Ra will hold your feet and start to read your energies and your "field of possibilities". Your own body and your spirit will give an overview of things which need to change to keep you more on track with your ultimate life purpose. Crystal Ra will mediate this information and provide tips to you but you have the responsibility to make your choices accordingly and implement these

suggestions.

It is possible to sneak peak into the main topics like the balance of the masculine and feminine energies, 4 elements, relationships, health, career and life purpose, abundance and money or any other topic that is relevant in your life at that moment.

This is not only an energy reading session but a session that has true potential to begin the process of activating your true life force possibilities. It will attract your spirit to be and communicate closer to you, even though it will not stay there for longer time. If you would love your spirit to stay closer longer, check out the Auratransformation possibility.

Cost: 1 hour session – 80 euros.

Auratransformation

If you would love to take it one step further, you can choose to do an Auratransformation session with Crystal Ra which will not only change your life, but keep it on track for the years to come and keep you in the permanent flow of changes so that you start to live your ultimate dream on your terms.

Auratransformation will expand your consciousness and unite your body and spirit in tact with the new time energies like indigo-, crystal- and golden energies (depending where you are at the beginning of the session) so that your spirit starts to guide you to your ultimate purpose and life on every level after the session. This session activates also a very deep cleansing process so all the patterns, blockages and things in your life which have not been serving you will be gradually cleared when the time is right.

This session's prerequisite is to read one of **Anni Sennov's** book ("Balance on all levels with the crystal and indigo energies") about the topic to prepare yourself. This session is not reversible.

Cost: Approximately 2 hours for this session. Book now to reserve spot and receive early bird pricing 250 euros total with 125 euros due at booking. Balance due on a day of session. Early bird offer expires April 15th 2018.

Book by June 1st for 280 euros due upon booking.

Last minute bookings 300 euros based upon availability.

Aura balancing session

If you have already received an Auratransformation from a licensed Aura Mediator then you can have this session as a way to balance your energies and being where you need it. During this session Crystal Ra gives you an overview of what is going on energetically, where you are stuck, how your 4 elements are, in which dimension you are with your overall progress, how are your masculine and feminine energies.

Crystal Ra will also mediate other messages your spirit has tried to express to you over some period of time if you have not listened to it. Because Crystal Ra has lived and spent a whole year recently in Hawaii, Big Island, she has integrated more of her own crystal and golden energies, which can transmit to your system as much as you are ready for it and activate many new processes in your life.

This session takes at least 1.5 hours and at times may take a bit more, depending where you are in your process.

You can do this session also online and in that case you will get the notes to the session in addition to the video recording of the session for you to go through so you can pick up some more tips and tools.

Cost: 1.5 hours session 100 euros.



Warm Water Wantra session (individual or as a couple)

This session can be only done if there is a proper Wantra pool with heated body temperature water (preferably salty water, so it is more comfortable and healthy for both the client and the therapist).

Wantra is a water modality developed by Crystal Ra which is a synthesis on several experiences, tools and techniques from different healing modalities from the world. It is also the marriage of the water and tantra. Tantra is all about expansion and liberation and that is what Wantra does – it liberates and expands you from inside out. Many clients call this session “a liquid heaven session” where you can completely let go, relax and receive.

If you come individually Crystal Ra can offer you an active or passive session.

Active Wantra session requires your own snorkel and mask and at times also your fins, so

we can do new moves and learn to move your body in a different way which may open up more of your joints, heal your aching muscles and teach you how to balance your body more along with helping to activate more of your process to heal your body injuries.

Passive Wantra session is for you to relax, lie on Crystal Ra's hands and breath. She will take you into a true journey to your liquid heaven and you will meet your true self. This session may go very deep. It may touch your issues with your deep inner feminine as well bring forth rebirthing experience and start to heal the process with your feminine line in your family. It starts to slowly shed away everything what is not supporting your life any more.

Wantra for Couples

If you come as a couple Crystal Ra can do an individual passive or active session one by one with both of you or have one passive session where she guides one partner to work with the other especially if there are trust and safety issues between the partners. This can be one of the most powerful tools for you to work and expand your relationship beyond the levels you even knew were possible.

Cost: This session lasts approximately 1 hour and prices vary from location to location as it depends on the pool rental. Crystal Ra offers this session in Estonia in Tallinn and a couple of sessions in Matsalu retreat center (14th of July). You need to book your time for this session at least 1 month ahead if possible. Prices start from 85 euros and up.

Divine Touch Session (clothes on)

This is a very soft session, where the client lies down and can have his or her clothes on. This session suits well for those women and men who have had a negative emotional, sexual or physical experience and would love to build up some trust in order to open up more intimately in their life to their new partner or future possible partners.

Crystal Ra will touch your body softly but firmly. Your whole body will relax very deeply and you can totally let go in this safe and love filled space. It will also activate what needs to be activated and lets go and purifies what does not belong there any more.

According to science, touching is something we all need and it is therapeutic. Many people are lonely and need touch as therapy nowadays.

Cost: 1 hour 70 euros.

Soft general tantra massage

During this session the client is preferably without the clothes. This way you can completely relax and let go so that you can feel the full hand touch on your body and continuous flow of the movements. This session's focus is to still build trust and to rise your overall energy and sensitivity energetically. You will be touched consciously to the cell levels. If you are doing this first time with Crystal Ra, she will not focus or touch your sexual organ during the first session at all as it is important to build up your energy in a different way. Once you experience this you will understand what that means. It is also important that you feel safe with Crystal Ra. If we do not trust, we can not fully receive.

You will feel very deeply relaxed and activated after this session and the feeling of bliss may stay with you for several days. It will help you to reconnect with yourself on a very deep level and get connected with your true intimate desires and slowly start to learn how to express these to your partner.

Cost: 1 hour 100 euros.



Michael's sessions

If translating is required there will be an additional fee. Fee to be determined.

Consultations

If you need a new perspective to your life or you are at the crossroad in your life and you need a fresher input – then this session could be a good fit for you. Michael can help you to map the situation and give you insightful input, tools, tips how and what you should look at in order for you to start to create your dream life on your terms.

During the session you can look at the areas of your relationships, business, career, money, dreams etc. You will leave refreshed and reset. If you put his wisdom into practice – you will be guaranteed to create some tangible and long lasting results.

Cost: 1 hour – 60 euros

Divine Touch Session (clothes on)

This is a very soft session where the client lies down with their clothes on. Michael will touch your body softly but firmly. Your whole body will relax very deeply and you can totally let go in this safe and love filled space.

Our body's intelligence knows what to activate, what to dissolve after a little guidance through Michael's touch.

Cost: 1 hour 70 euros.

Soft general tantra massage

We suggest the clients to be naked during this session. This way you can completely relax and let go, so that you can feel the full hand touch on you and the continuous flow of the movements. This session's focus is to still build trust and to rise your overall energy as well sensitivity. If you are doing this first time with Michael then he does not focus or touch your sexual organ during the first session at all. This will help you to build up your sensitivity and feel safe with Michael.

The deep relaxation and peace what this session brings forth can continue even after the session. It will help you to reconnect with yourself on a very deep level and get connected with your true intimate desires.

Cost: 1 hour 80 euros.

Yoni massage

Yoni is a Sanskrit word for the combined vulva and vagina that is loosely translated as “*Sacred Space*” or “*Sacred Temple*”. This massage creates space for a woman to receive focused attention so that she can attain long, delicious states of relaxation and achieve high states of sustained arousal while the outside and inside of the Yoni are massaged and softly and consciously touched. This allows her to recognize and experience her true being during deep pleasure derived from her Yoni. During this session the woman is completely present and can focus all her attention to the space and energy of receiving.

Cost: 1 hour 80 euros.

Ecstatic Meditation for women

We recommend “**Divine Touch Session**” as an introduction to this session, so you feel safe and ready for this advanced session.

This is a technique developed both by Crystal Ra and Michael and will focus on how to activate and awaken the power of your Yoni – your sacred temple mainly on two different levels.

The main focus on this session is around your outer area and gates of your “Sacred temple” and depending on the openness of the client, it can also start the process of a deeper temple activation.

Most women have locked their ability to receive pleasure because they feel ashamed or they have had negative intimate experiences. This session starts to shed the layers of fears and blockages one by one, which are connected to it and hold the woman back. If a woman holds back their deep feminine power, then they hold back all their “life force juices” in their life and they stop the powerful flow of their full energy on every level in their lives.

If the woman will completely let go of control during this session according to her safety boundaries and what feels comfortable for her, then the core of her pleasures and power will be activated and the woman will experience immeasurable amounts of bliss and pleasure. Aside from feeling amazing, **Ecstatic Meditation** has the ability to balance, heal and rejuvenate the body. This spiritual styled body, mind, spirit meditation creates greater consciousness, connection, sensation and more energy in your life.

Many women state they feel more connected to themselves and others after this session. Most women will also feel more calm and present after this session and turned on to live their life more fully.

Estimate at least 30 minutes for the active session and some minutes to come out of the

experience.

Cost: 30 minutes maximum time 50 euros.



Sessions offered by Crystal Ra and Michael

Use the rare opportunity to work closely and personally with Crystal Ra and Michael in Estonia this summer. They are both well integrated in the new energies and done Auratransformations™.

They are a conscious couple that practice sacred and harmonic relationship agreements. They aim for harmony, consciousness, awakening, expansion, love and liberation on every level. Their focus is also how to inspire and

motivate other couples to not only coexist together but fully thrive together and also co-create together.

Find a wide selection of sessions and events we offer together. We recommend you book a session with both of us together, especially if your masculine and feminine energies are out of balance and you would love to figure out how to balance yourself with these energies and change your life accordingly.

If translating is required there will be an additional fee. Fee to be determined.

Prices in this section are per session, not per person.

Divine Touch Session with 4 hands (clothes on)

This is a very soft session where the client lies down and has his or her clothes on. Four hands version will add more power to it. We will touch your body softly, but firmly, one person on each side, which will balance your masculine and feminine energies in you. It will also work on all other areas which need attention. Your body is a wise system and it will receive our energies and guide it to where it needs to go in you. Your whole body will relax very deeply and you can totally let go in this safe and love filled space. This is especially suitable for women or men with some emotional and physical trauma or negative experiences from the past.

Cost: 1 hour 140 euros.

Couple's Encouragement Session

If you are in a current relationship and you are stuck or blocked in any way and can not find your own way out, this session can be a key session for you.

Each couple has two sides of the story and we would recommend for both of you be present at this session.

We will both share our gifts, tools and techniques to guide you to the best outcome for you. We will direct you to the solutions, but you are the one who will have the responsibility to pick what works for you and to implement it. We will teach you how to be fully present for your partner and how to actively listen and how to set up your own container for your relationship needs.

Crystal Ra can look into the couple's overall energy field and see what is the field of possibilities telling her. Sometimes we are also guided to be with someone to learn a lesson and then move on; sometimes we are there to prepare for the future relationship and use this relationship as a classroom to learn how to set boundaries or let go of old patterns. This is possible because Crystal Ra will connect with both person's higher selves where the ultimate dream relationship information is very clear what is the best possible option for both partners.

Michael will give more tangible info what and how to approach from the human psyche point of view, communication part and practicalities.

We will also talk about the five love languages and how to take care of your own and your partner's needs.

You can also approach us with multi relationship cases (polyamory and such). We have some experiences in that as well. It takes a lot of maturity and courage to be able to be in multiple relationships.

It is a fact that in the new energies we are desiring to connect differently and we can guide you what and how this can be done in such a way that each part will be happy and feel fulfilled.

Cost: 1 hour 100 euros.

Unifying the Three Hearts Session – highlight session!

This session is only offered together with Crystal Ra and Michael.

Every woman has three hearts. The first one is her Yoni, her “Sacred Temple”, her vagina; second is physical heart and third is her emotional heart. We believe that most women have very deep wounds from this life or past lives which need to be healed in all of the three hearts before they can move forward with their lives to more conscious relating both with themselves or others.

Crystal Ra developed this session based on her own experiences and wounds. While working with many women she noticed the same patterns and issues over and over again.

This session includes the presence of the physical masculine and feminine in the presence of Michael and Crystal Ra and the energetic divine principles of Shiva and Shakti. The energies, touches and movements which are combined in a certain structure and flow act like activators on the body and start to open up the wounds as well bringing issues to the surface. With the

presence of consciousness it starts the process of dissolving the unnecessary residue.

Many times the person who books this session needs to book more than one as once this process is started, it starts to shed the layers of protection, wounds and needs a little more continuous and conscious work. But this session can also be used as a true activation session for this kind of deeper and intimate work.

In this very safe space you are able to open yourself up and receive what your own spirit and energies are willing to gift you. This is this sacred space in you where most people do not go even once during their lifetime.

Approximately 1.5 hours for this session. Do not plan anything very strenuous and active after this session. You may need to process and let it all sink in for some hours before transitioning to your daily activities.

Cost: 1.5 hours – 140 euros.

Activation of Safety and Releasing the Fear session

Crystal Ra and Michael can create a safe space for you to open up to just talk about your experience and where you think this issue is stuck or blocked. It is also possible to leave it to us to open it up via body and energy work and guidance we receive from your spirit.

If you wish to create a very abundant future for yourself or your family you need to work very deeply with the healing of your inner masculinity (even if you are a woman) as money and abundance is directly connected to men. It is really hard to manage to change these experiences and patterns permanently and create a healthy emotional future and sustainable happy relationships you desire and deserve so much.

Estimate 1-2 hours for this session and we recommend several sessions to expect the results your desire.

Cost: 1 hour 80 euros.

Soft general tantra massage with 4 hands

During the session the client can choose to be without the clothes. If the client is okay to be without the clothes this will help to work on the body more easily and create the flow of movement. If you still have fear to be naked, book your “**Divine Touch Session**” with us prior to this session or “**Healing of the Three Hearts**” session with both of us.

The four hands general tantra massage is a quality relaxation session for your body, mind and spirit, where your body will be touched by Crystal Ra and Michael together at the same time. They will both work on each side of the body to activate and awaken your bodies ability to sense and take in the conscious touch.

It will also work on healing and starting to detox from your previous relationships and start to detox your past wounds as you will be touched by the divine feminine and masculine through Crystal Ra and Michael.

This session is preferably done without clothes. This way you can completely relax and let go. This session's focus is to still build trust and to rise your overall energy as well sensitivity. If you are doing this first time with Michael and Crystal Ra - we do not focus or touch your sexual organ during the first session at all as this is for you to get connected to you, your energies and your body and fully trust us and open up with your full being.

You will feel deeply relaxed and activated after this session for not only during or after session but even some days later. It will help you to reconnect with yourself on a very deep level and get connected with your true intimate desires.

Cost: 1 hour 140 euros.

Releasing the past patterns session

Many of us have had many relationships which have been toxic, emotionally or physically challenging. When you have managed to move away from this we can offer tools, rituals and techniques suggesting what you could do to get yourself out of bad patterns and habits and keep yourself out. You can create a new emotional orbit for yourself which would bring new possibilities into your intimate relationships.

This session we also offer only together as this needs to have both polarities present. The masculine and the feminine as the physical representation so you could release, let go and dissolve the residue of your past which would give you a new platform to start your new relationships on your terms and conditions.

This session may use different tools, techniques and guidance which is customized to fit your personal needs. Firstly we will map what you need to release and how deep is that pattern and thereafter we set in motion your transition. You may need more sessions than one and you may get tools and homework to keep yourself on track with the new choices you make.

This session has been developed by Crystal Ra over the years while working in many different countries and incorporating many healing techniques and tools which are really powerful and transformative.

This session works also really well if you are planning to get married soon and would love to release and dissolve your old patterns to ensure your new relationship's sustainable future.

We can not promise to dissolve all of these patterns during only one session, but it can be an activating guideline for you to keep working on it later on. If you need more of our guidance you can book another session later on or continue working with us via online sessions.

Cost: 1 hour – 100 euros.

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More info and pre-booking available at:

'Infinite Activation' FB site: <https://www.facebook.com/infiniteactivation/>

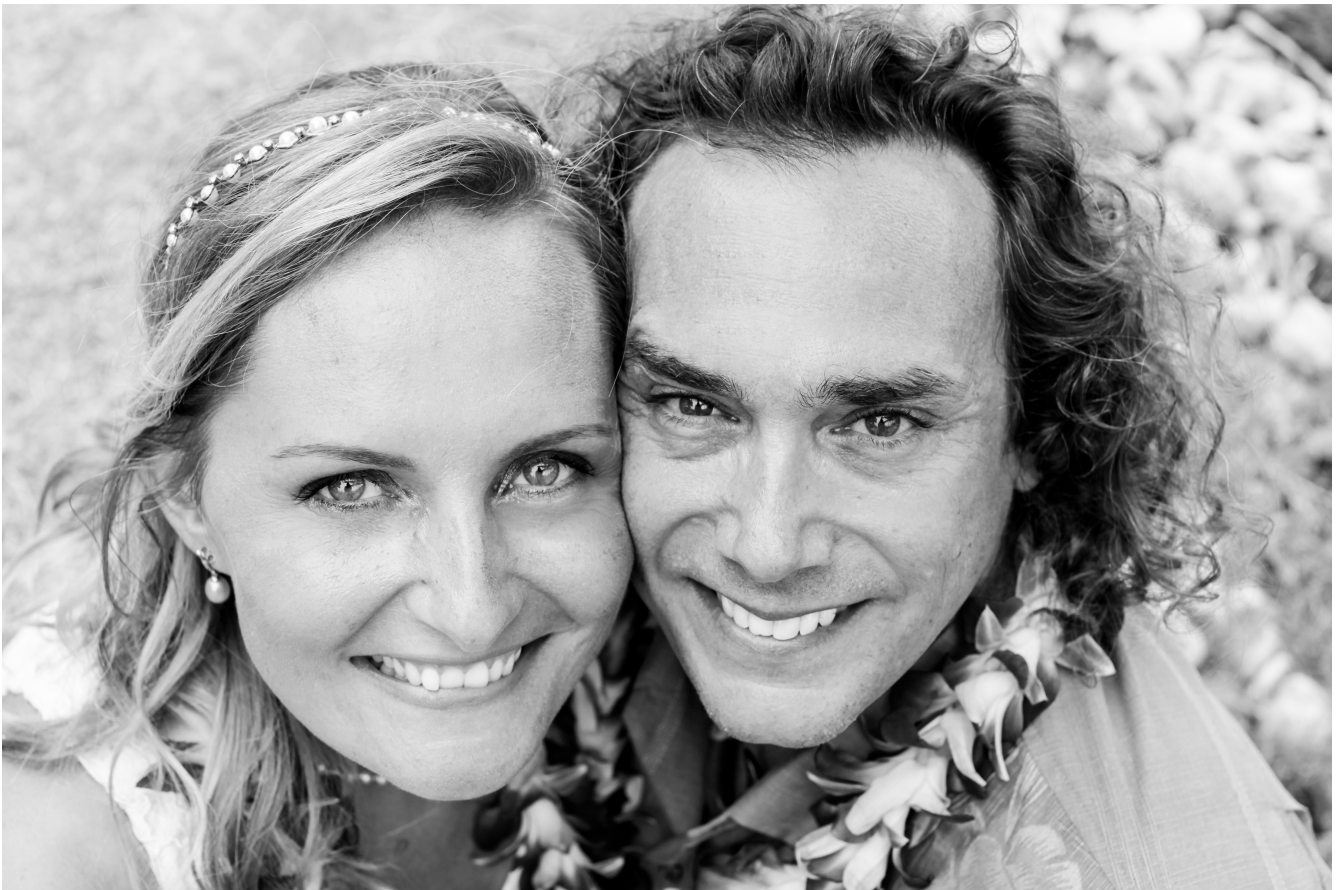
Gmail: infiniteactivation@gmail.com

Michael's personal site: <http://www.goalsettingbasics.com/>

Michael's FB site: <https://www.facebook.com/michael.ditton.1>

Crystal Ra's personal site: www.crystalralaksmi.com

Crystal Ra's FB site: <https://www.facebook.com/crystalralaksmiditton>



We are ready to meet you to inspire and motivate you to turn your fairy tales into reality. Are you?

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